

# Hair BE GONE

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Shorts, mini-dresses and bikinis. Summer makes it almost impossible to get away without shaving on a regular basis. And while there are many different ways you can remove it, most of us run for the razor when called to an impromptu beach bash. Why? Because shaving is fast, cheap and easy. But your go-to method of hair removal doesn't have to be painful. With this summer's hottest new products and tools, you won't mind learning how to shave all over again.

## SHAVING 101

*Exfoliate:* Make sure you scrub your skin down beforehand to get rid of dead skin cells. This is key to accomplishing a close shave. Try **Liz Earle's Energising Body Scrub** (\$24), which combines masterful, exfoliates like ground olive stones and jojoba beads to smooth out rough areas.

LIZ EARLE'S  
ENERGISING  
BODY SCRUB



*Removal:* Finding the right razor is important. The latest in body care brilliance? The **Bikini Perfect Kit** (\$60) by **Bliss-Philips** (Blissworld.com). Six different tools, including the precision trimmer for your bikini line and the epilator, which removes the hair by the root, allow for varying grooming options. And remember, the hair on your legs grows down, so make sure you start at your ankles and shave upwards.



BLISS-PHILIPS  
BIKINI PERFECT KIT

*Beating the nicks:* Change razor blades on a regular basis as a dull one can lead to nicks. Also, shave last, allowing the heat and moisture from the shower to soften the skin.

*Defeat Dryness:* Use a shaving gel as opposed to a foam-based cream. **King of Shaves Pamper and Moisturize Gel** (\$6) uses a clever suspension system of microcapsules that break up on application. Hydrating the skin during the shaving process with vitamin E and grape seed oil is perfect for those with dehydrated skin.



Apply an oil with naturally derived emollients, such as **Kiehl's Superbly Restorative Dry Oil** (\$30), after you've de-haired your stems. This is important as the skin on your legs has few oil glands, making it

KIEHL'S  
SUPERBLY RESTORATIVE  
DRY OIL



PER-FEKT  
BODY PERFECTION GELS

prone to dryness. Using a product that adds color and moisture to your skin can improve your look. Try one of the **Body Perfection Gels** (\$48) by **per-fekt** (Perfektbeauty.com), enriched with ceramides and shea butter. As an added bonus, the multifunctional formula also adds color and shimmer, instantly softening the appearance of scars, bruises and uneven skin tone.

*Lumps and Bumps:* Irritation can be caused many different ways. Sticky, dead skin cells that line the hair follicle canal can clog your pores, causing inflammation. Razor bumps (known as ingrown hairs) can also result when shaved hair is

trapped inside the follicle or grows back into the skin. This can be extremely painful—not to mention, *unattractive*—so be proactive! Use a fragrance-free shaving gel that's specifically formulated for sensitive skin. A product that's exceptionally mild, such as **King of Shave's Smooth and Sensitive Shaving Gel** (\$6), is perfect.

Bump-banishing products, like **Flawless** (\$18) by **Whish**, help prevent irritations before they start. Look for products with ingredients like papaya extract, which weakens hair follicles, and black walnut extract to clean pores. Apply into affected areas, typically after shaving. If you've already got 'em, it's important that you treat the irritation with active



KING OF SHAVE  
SMOOTH AND SENSITIVE  
SHAVING GEL



CLINIQUE  
ACNE SOLUTIONS  
CLEANSING BAR FOR  
FACE AND BODY

ingredients. Though many products claim to treat razor burn, the truth is that salicylic acid is the one active substance that can make a visible difference. Use a product containing dermatological ingredients, like **Acne Solutions Cleansing Bar for Face and Body** (\$13) by **Clinique**, which will help exfoliate, moisturize, clear pores and prevent infection.

### HI-TECH HAIR REMOVAL

*Waxing in Cyberspace:* A mixture of hot oil, rosin and paraffin—there's nothing high-tech about waxing...or is there? New York-based **Completely Bare Hi-Tech Spa** introduces their first at-home **Waxing Webinars**—live, how-to waxing classes that will have you training with the pros in the privacy of your

own home. During the live, online classes, experienced Bare technicians give you the 411 on how to wax at home and answer all of your questions. Log onto [Completelybare.com](http://Completelybare.com) to check out upcoming classes like *Not All Wax Is Created Equal* and *Bikini Waxing* (basic, Brazilian and completely bare).

*Semi-Permanent:* By using revolutionary Thermicon technology that painlessly destroys hair follicles, growth can be reduced up to 64 percent. Hair removal device **no!no!** (\$250 at [Sephora.com](http://Sephora.com)), is the size of an iPod, making it easy to achieve professional results at home. Five hot blades, cleaning brush, buffer and even an instructional DVD come with no!no!

NO!NO!  
HAIR REMOVAL DEVICE



YOU ARE HERE ▼

*Not into gadgets:* No worries—**Bliss** has a solution for you. Their new **Get Out of Hair** (\$35) three-in-one moisture milk reduces and minimizes hair re-growth with the use of FuzzKill Complex. With less time spent in the shower, going hairless has never looked so good.

*Permanent + Painless:* Let's face it, while electrolysis and lasers can remove unwanted hair indefinitely, the pain factor is something that must be considered. But not anymore. **Alma Lasers' Soprano<sup>XL</sup> system** offers **Pain-Free, Hair-Free** the first treatment in laser hair removal's



ALMA LASER  
SOPRANO SYSTEM

12-year history that does not require pre- or post-treatment. Quick, pain-free silky-smooth perfection in as little as two treat-

ments. Hair removal feels more like a hot stone massage than torture. This is done by delivering higher-than-average energy with a rapid-pulse repetition frequency. Gently heating the skin to a precise temperature, the process selectively damages only hair follicles to prevent re-growth. Average treatment price is \$200, depending on the size of the treatment area. Contact Dr. Steven Dayan (312.335.2070), for more information. **scene**

